



SERVICES

Arbitration
Mediation (incl. child inclusive)
Family Dispute Resolution
Parenting Coordination

QUALIFICATIONS

Legal Practitioner
Accredited Arbitrator
Accredited Mediator
Family Dispute Resolution Practitioner
Parenting Coordinator

EDUCATION

Master and Bachelor of Laws
(with Honours)
University of Cambridge

CONTACT

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Lorna Sproston

PROFILE

Lorna was called to the bar of England and Wales in 1998 and worked as both a barrister and solicitor in London in various areas of the law, including family law and commercial law, until she relocated to Australia in 2008. After requalifying as a legal practitioner in Australia, Lorna was admitted to the NSW Bar in 2011 where she practiced in family law for over a decade. She now holds accreditation in mediation, arbitration, family dispute resolution and parenting coordination.

Lorna has extensive experience in all types of family law matters and has acted for a broad range of clients from the Independent Children's Lawyer in parenting matters to high net-worth parties in complex property proceedings.

She understands the impact that legal proceedings can have on parties emotionally and financially and is committed to helping resolve disputes quickly and empathetically.

EXPERIENCE

Mediator, Arbitrator, FDRP & Parenting Coordinator

Separation Solutions Aug 2024 - Current

Barrister

NSW Bar Nov 2011 - Jun 2024

Legal Associate

Federal Circuit & Family Court of Australia & Supreme Court of NSW Feb 2010 - Jun 2011

Legal Associate

Lander & Rogers Lawyers, Sydney Sept 2008 - Oct 2009

Associate

Various commercial law firms, London 2002 - 2008

Barrister

Bar of England and Wales 1998 - 2002